

# Academy

Monday to Friday : 08.20am - 08.45am

Monday to Friday : 10.20am - 10.40am

Monday to Thursday : 13.05pm - 13.45pm

Friday : 12.20pm - 12.45pm

## BREAKFAST

	Pupils	Staff
Toast 1 slice	£0.30	£0.40
Flora Portion	£0.15	£0.15
Jam / Marmalade	£0.25	£0.25
Cereal and milk <i>from</i>	£1.10	£1.20

## MAIN MEALS

Meat main course	£2.90	£6.15
Two course <i>meal deal</i>	£3.40	£7.60
Vegetarian main course	£2.90	£5.75
Two course <i>meal deal</i>	£3.40	£7.15
<i>Red plate small meal</i>	£2.20	£4.85
Baked tattie	£1.10	£2.10
Baked tattie <i>one filling</i>	£1.80	£3.00
Cheese portion	£0.70	£1.00
Salad mixes per portion <i>from</i>	£0.70	£1.00

## SOMETHING SWEET

Granola pot	£1.15	£1.85
Orkney Ice cream	£1.80	£2.20
Fruit cup	£0.95	£1.70
Yoghurt <i>from</i>	£0.70	£0.70
Pudding	£1.75	£2.35

## BEVERAGES

Milk—cup (from Machine)	£0.90	£0.85
Tea	£0.90	£0.85
Coffee	£0.90	£0.85
Hot Chocolate	£1.00	£1.00
Rubicon	£1.45	£1.45
Mac B	£1.20	£1.20
Water	£0.75	£0.75

## QUICK BITES

	Pupils	Staff
Homemade soup and bread <small>LARGE</small>	£1.55	£2.20
Homemade soup and bread <small>SMALL</small>	£1.20	£1.90
Jumbo Chicken sausage roll <i>from</i>	£2.45	£2.85

## BURGER BAR

Chicken burger	£2.50	£2.95
Beef burger	£2.50	£2.95
Cheese burger <i>Sliced cheese from</i>	£2.75	£3.30
Cheeseburger <i>grated cheese</i>	£3.10	£3.50
Mince roll	£2.20	£2.75
Pizza	£1.90	£2.65
Chicken Sausage in a roll	£2.55	£3.05

## SANDWICH BAR

Sandwich <small>BAND 1</small>	£1.95	£2.95
<i>(Ham, Egg, Cheese, Tuna)</i> <small>(HALF)</small>	£1.10	£1.65
Sandwich <small>BAND 2</small>	£2.05	£3.05
<i>(Ham, Egg, Cheese salad, tuna, (salad)</i> <small>(HALF)</small>	£1.15	£1.70
Sandwich <small>BAND 3</small> <i>(chicken, Beef, Pork)</i>	£2.20	£3.20
<small>(HALF)</small>	£1.25	£1.80
Filled roll <i>from</i>	£2.20	£3.15
Plain roll	£0.70	£0.85
Toasties <i>(2 slices of Bread)</i>	£2.20	£3.05
<small>(HALF TOASTIE)</small>	£1.25	£1.80
<i>Cold filled wrap (from)</i>	£2.55	£3.05
<small>(HALF WRAP)</small>	£1.40	£1.70
<i>Filled Bagel</i>	£2.75	£3.45
Panini— <i>half band 1</i>	£1.80	£2.60
Panini— <i>half band 2</i>	£2.05	£3.00
<i>Peedie pot</i>	£1.80	£2.35

*If you have an allergy, please ask a member of kitchen staff for guidance on what foods will be suitable for you*